

# ***RULES AND REGULATIONS***

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1. Participants shall not use, possess, sell, distribute, or have under their control any paraphernalia or drug except as prescribed by a licensed physician *and* approved by the BOT Coordinator. If a participant is treated for any injury or illness, they must inform the health care provider of the nature of this program and request non-narcotic treatments. Participants shall not use, possess, distribute, or have under their control any prescription narcotics, non-approved over-the-counter medications, or unauthorized psychotropic/mood-altering/mind-altering substance (e.g., Salvia, K-2, incense).
2. Participants shall not use or possess any alcoholic beverage, including 3.2 beer, during the program no matter if you are at legal drinking age. Participants shall not patronize any establishment where alcoholic beverages are exclusively sold or used during Phase 1 and Phase 2 of the program, or be in an environment where others are not sober. Participants cannot be a designated driver until Phase 2. In Phase 2, participants may request and be given permission from the team to serve as designated drivers for others who have been drinking. In Phase 3, participants may request and be given permission from the team to be present in situations where drinking is occurring. Both requests must be made to the Staffing Team prior to their occurrence.
3. Participants shall submit to breathalyzers or urine drug screens at any time as requested by the BOT Team. Typically, participants must respond within 30 minutes of being called to take a test.
4. No more than **two positive drug screens/breathalyzers, dilute tests, or failure to submit a drug screen/breathalyzer will be allowed.** If more than two occur, the participant will be requested to enter inpatient treatment or will be terminated from the program.
5. All participants entering the program are given a 30-day clean up phase for marijuana. For those participants who use during this phase (detected by an increase in THC levels) or those participants who test positive for any other drug other than marijuana, the clean-up phase is automatically terminated and points/sanctions imposed.
6. Participants shall not miss any scheduled counseling appointments, BOT Team Meetings, case management meetings, breathalyzers or urine drug screens. For obligations outside of participants' normal weekly school/work schedule (court, court-related meetings or community service, interviews, field trips, etc.) that could impact BOT obligations such as Team Meetings, counseling, or UAs, participants must gain approval from the Staffing Team in advance.
7. Participants shall attend all BOT Team Meetings, counseling sessions, and case management meetings on time. Participants must be in appropriate dress and be ready to start at the beginning of the meeting or appointment. Participants who are late to any of these meetings will get a violation and points/sanctions. Participants shall also always have this manual, paper, pen/pencil, meeting verification forms, and any assigned homework or sanction with them when attending any of these events.
8. Participants must bring documented attendance at support group meetings to team meetings and case management meetings (1-2 meetings per week to be completed between Sunday and Saturday; meetings must be completed on different days).
9. Participants are required to actively participate in all meetings. Progress in the program will be based off of participation and attitude.

10. Participants shall keep the Staffing Team informed of their address and phone number. They shall not change their address or phone number without notifying the Staffing Team in advance. Participants shall also check their OKState email address for Staffing Team communication.
11. Participants shall keep the case manager informed of their whereabouts. They shall not leave Payne County without first obtaining permission from the Coordinator. Participants are expected to plan in advance for trips out of Payne County and are expected to request permission, in advance, at Team Meetings in order to do so. Time away requests are due by noon on the day of Team Meeting (or earlier). Emergency requests to leave Payne County may be considered outside of team meetings by contacting your Case Manager via phone before leaving Payne County.
12. Participants shall attend academic classes on time, meet the expectations listed in their academic plan, and maintain at least a 2.00 GPA each semester, unless otherwise stated in their individual contract. Participants shall enroll in a minimum of nine credit hours each semester (except for the summer term, when they must enroll in a minimum of three credit hours).
13. Participants shall allow the Staffing Team to communicate with their faculty and teaching assistants regarding academic information such as class attendance and grades for verification purposes.
14. The program includes random home visits by the OSU Police Department to ensure there is no alcohol, drugs, or paraphernalia in the participant's possession, and to monitor compliance with other program requirements. During these visits the police officers or Staffing Team members may search participant's person, residence, vehicle, and other personal property.
15. Participants shall pay all BOT program fees as agreed upon at the BOT Orientation Session. Participants agree to pay all BOT fees by graduation or dismissal from the program. Failure to fulfill the financial obligations will result in either a graduation hold or an enrollment hold until all financial obligations are satisfied.
16. Participants shall not violate any city, state, or federal law, or university policy. All arrests and any contact with police or law enforcement entity must be reported to the Staffing Team within 24 hours.
17. Participants shall not engage in acts of violence or threats of violence against a BOT participant or staff member.
18. Participants shall make satisfactory progress in the program as measured by the phase requirements.
19. Participants are responsible for knowing and abiding by all rules listed in the Back on TRAC manual.

I have read, understand, and agree to abide by the Oklahoma State University BOT Program Rules and Regulations.

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Participant's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Coordinator's Signature

\_\_\_\_\_  
Date